



Can you help us learn more about what it's like to talk, or not talk, with other people about the voices you hear?

Hi. My name is Rachel (Rai) and I am studying an MSc by Research in Psychology at Canterbury Christ Church University. I hear voices myself, but didn't tell anyone about my experiences until I was an adult. I'm doing a research study to understand more about young people's experiences of talking, or not talking, with others about voices.

Who can take part in this study?

I am looking to speak with young people who are:

- ★ aged between 12 and 16 years old
- ★ have experience of hearing voices (either now or recently)

People hear voices for all kinds of reasons. Some people who hear voices may also have a diagnosis of a mental health problem. Some may not. You are welcome to take part in this study whether you have a mental health problem or not. I'm interested in your experiences and how you understand them.



What will I be asked to do?

If you decide to take part, I will arrange to meet with you to talk about your experiences of hearing voices and talking about it to other people. I will bring some photos as, if you like, you can use them to help you explain how you feel. If you are aged under 16 you may need the consent of your parent or guardian to take part.

I can reimburse travel costs and can also offer a £10 high street shopping voucher in thanks for the time you have taken to take part in this research.