



SPECIALIST ADVICE & MENTORING FOR WORKERS



Voice Collective is Mind in Camden's London-wide project that supports children and young people who hear voices, their families and the workers who support them. **We offer a FREE specialist advice and mentoring service** for anyone working with a young person who is struggling with voices, visions or other unusual experiences. **For more info, please see:**

www.voicecollective.co.uk, E: info@voicecollective.co.uk, T: 020 7911 0822

WHAT DO WE OFFER?

We provide a confidential space to discuss and reflect on any young people you may be working with.

This may include:

- One off sessions, for specific queries
- On-going support/mentoring if needed
- By phone, email or in person

You can use this service to:

- Ask general questions about supporting young people who hear voices or see visions.
- Talk in more depth about a specific young person you are working with.

Common topics include:

- Ways you can help and/or find additional support for a young person.
- Safe and young person-centred ways of helping young people talk about voices.
- Working creatively with young people
- Developing coping strategies.
- Understanding, and dealing with, taboo voices (e.g. voices that tell a young person to harm themselves or others). Working with unusual or distressing beliefs.
- Identifying relevant resources, information and/or evidence.
- Voices and: bullying; self harm; eating disorders; sexuality; self esteem; psychosis; anxiety; dissociation; trauma; drugs/alcohol; cultural understandings.

"Insert a really good quote either from our training or someone we've supported - it can be a couple of quotes drawn together if needed, or a rough memory of something someone has said"

- Jo*, CAMHS Practitioner

WHO CAN USE OUR SERVICE?

Our specialist advice and mentoring service is open to anyone who works with a young person who hears voices, sees visions or has unusual sensory experiences.

This may include:

- CAMHS & EIP practitioners
- Youth workers
- Teachers, SENCOS, learning mentors and other educational support staff
- Substance mis-use workers
- Social workers
- Service managers who are interested in enabling their service to better address the needs of young people who hear voices

HOW DO WE ACCESS IT?

Our service is FREE to those working in and around Greater London.

To find out more, contact:

- info@voicecollective.co.uk
- 020 7911 0822
- www.voicecollective.co.uk