

**Q. HOW OFTEN HAVE YOU
SEEN A HEADLINE LIKE THIS?**

**“The voices in my head
inspired me to change
the world”**

**Teenager speaks out after raising
£1,000s for a children's charity**

WWW.VOICECOLLECTIVE.CO.UK

A. ALMOST NEVER

News articles about people who hear voices often report the extreme (very rare) times where someone gets hurt. This sells papers, but misses the **real** story.



Around 8% of young people hear voices. Most live ordinary lives. They study, have friends, make mistakes and have fun. Some live extraordinary lives. History is littered with examples of people who have been **inspired** by the voices they hear (writers, activists, musicians & spiritual leaders).

Even those who hear distressing voices can, with the right support, find ways of turning these experiences into an asset. Overcoming such difficulties can help people grow stronger. Some may even go on to **change the world!**

Voice Collective works across London to support children & young people who hear voices, see visions or have other unusual experiences.

See: www.voicecollective.co.uk, www.voicecollective.tumblr.com

*Mind in Camden: Registered company no. 1911178, Charity no. 292180
Funded by: BBC Children In Need, John Lyon's Charity*