



FREE Group Facilitation Training



A **free** 3 day course to learn how to set up, facilitate and sustain a peer support group for young people who hear voices

About the course:

This innovative and interactive 3 day course will help you to develop the skills necessary to co-facilitate a Voice Collective peer support group in your organisation.

It combines personal and professional experience to cover the following areas:

- Understanding 'hearing voices' and other related experiences
- Making sense of different models of understanding these experiences
- Developing a toolbox of coping strategies to support young people in their recovery
- Setting up, launching and sustaining a Voice Collective peer support group
- Practical skills for group facilitation

Who is the course for?

Anyone currently working with young people and is interested in developing a group within their organisation alongside Voice Collective (youth workers, nurses, OTs, psychologists, social workers, volunteers etc).

This course is also open to young people aged 16-21. We particularly encourage joint applications from workers & young people

**3 x Saturdays:
10th & 17th Sept
1st October 2011
10.30 - 4.30 pm**



Venue:

Anna Freud Centre,
12 Maresfield Gardens,
London, NW3 5SU

(**Tube:** Finchley Road)

Please return attached application ASAP to:

E: info@voicecollective.co.uk

T: Rachel / Claire 020 7625 9042

Funded by:

- BBC Children in Need
- Comic Relief
- City Bridge Trust

Voice Collective is Mind in Camden's peer support project for young people who hear, see or sense things that others don't. See www.voicecollective.co.uk



facilitation course application form

CONTACT DETAILS

Name:

Role:

Address:

Organisation:

Email:

Phone:

We usually send letters/info by email. If you would like us **NOT** to do this, please tick here

APPLICATION DETAILS

Please tick the statement(s) that apply to you:

I am interested in developing/co-facilitating a group in partnership with Voice Collective in my organisation

I am interested in co-facilitating a Voice Collective group within another organisation (if you have not already identified a suitable organisation please contact us to discuss)

I want to improve my skills and understanding in working with young voice-hearers

My line manager is aware of, and support, this application (if applying to develop a group within your organisation, or a partner organisation, please speak with the appropriate person gain support for this)

I plan to attend alongside a young person (aged 16-21) to help me develop this group (please as the young person to fill in a separate form)

I am able to attend ALL three days of the course (10/09/11, 17/09/11 & 01/10/11)

SUPPORTING STATEMENT

Please tell us why you would like a place on this course

Please return completed form to:

Claire Powell, Development Worker, info@voicecollective.co.uk, 020 7625 9042

Voice Collective, Mind in Camden, Crossfields Centre, 8 Fairhazel Gardens, London, NW6 3SG

Please note: As places are limited we may use the above information to prioritise applications