



FREE Creative Workshop



Poetry Workshop for Young People who Hear Voices, See Visions, or Have Other Unusual Sensory Experiences

★ About the workshop

Poetry isn't just something written in books - people have been using words to express themselves for as long we've had them.

Whether it's on the stage, in music, in writing or in person - poetry gives you the chance to share your experiences (of yourself and the world around you) to move, inspire, challenge or entertain.

This workshop features Jared Louche, a published poet, storyteller, rockstar & DJ from New York. He's great at helping young people find their voice through spoken word - so we're excited to be working with him.

★ Who is the workshop for?

The workshop is open to any young person (aged 18 or under) who hears or sees things that other people don't.

★ Will I have to talk about my voices or visions?

No, although the day is for young people who have these experiences, you can say as much, or as little, as you like about them. What you say is completely up to you.

Saturday

10th December

1.30 - 4.30pm



Venue: Central London (TBC)

To book your place or if you have any questions:

E: info@voicecollective.co.uk

T: Claire / Rachel 020 7625 9042

We are also running a support workshop for parents/carers at the same time & place. If you know someone who would like to come - just let us know.



For better
mental health

MIND IN CAMDEN

Funded by:

BBC Children In Need

City Bridge Trust

Comic Relief

Voice Collective is Mind in Camden's project for young people (18 or under) who hear, see or sense things that others don't. For more info, see www.voicecollective.co.uk



Poetry Workshop: Booking Form

ABOUT YOU

Name:

Address:

Age:

Email:

Phone:

Do you have any health problems or access needs it would be helpful for us to know about?

We will be providing snacks. Please tell us any foods you are allergic to or can't eat:

EMERGENCY CONTACT A parent, carer or supporter in case of an emergency

Name:

Phone:

Address:

Relationship to you:

If your parent/supporter(s) would like to come to the supporters workshop, please write their name(s) here:

WHAT YOU'D LIKE FROM THE WORKSHOP

You don't have to fill this in, but the more you tell us before you turn up the easier it'll be for us to plan a workshop that suits you the best.

I'm interesting in coming to the workshop because:

Is there anything you'd like us to know about you that will help you feel really included in the activities? You can also give Claire or Rachel a call or email if you'd like to talk in person.

Please return completed booking form to:

Claire Powell, Development Worker, info@voicecollective.co.uk, 020 7625 9042

Voice Collective, Mind in Camden, Crossfields Centre, 8 Fairhazel Gardens, London, NW6 3SG