

FREE workshop for parents & carers



Does your child hear voices, see visions or have other unusual experiences? Come and meet other parents who know what it's like.

The workshop will enable you to:

- Meet other parents & supporters of young people who hear voices
- Learn more about voices and visions, discovering some helpful coping strategies
- Share your experiences with, and get support from, people who've been there too
- Meet the Voice Collective team and find out more about the support available to you and your child
- Chill out and have time focussed on you

Who is the Workshop for?

Any parent or supporter (uncle, aunt, carer, family friend etc) of a young person who has experiences like these.

You may already have lots of experience around supporting your child, or you may feel confused and/or out of your depth.

Can I bring my child with me?

We are also running a poetry workshop for young people who hear, see or sense things that others don't in the same venue. So, you're welcome to bring your child to that if they would like to come.

**Saturday 10th
December
1.30 - 4.30pm**



Venue: London (TBC)

To book your place or if you have any questions:

E: info@voicecollective.co.uk

T: Claire / Rachel 020 7625 9042

If the young person you support would like to come to our poetry workshop at the same time/place - please book them a place too.



For better
mental health

MIND IN CAMDEN

Funded by:

BBC Children In Need

City Bridge Trust

Comic Relief

Voice Collective is Mind in Camden's project for young people (18 or under) who hear, see or sense things that others don't. For more info, see www.voicecollective.co.uk



Parents Workshop: Booking Form

ABOUT YOU

Name:

Address:

Email:

Phone:

Do you have any access requirements or health conditions it would be helpful for us to know?

We will be providing snacks. Please tell us any foods you are allergic to or can't eat:

AIMS/EXPECTATIONS

Please share with us anything that you'd like to get out of coming to the workshop.

YOUR CHILDREN

We are also running a poetry workshop for young people who hear, see or sense things other people don't. If your child would like to attend, please put their name here and complete a booking form for them. If we have space & there is a need, we can sometimes accommodate siblings.

Name:

Age:

Name:

Age:

Please return completed booking form to:

Claire Powell, Development Worker, info@voicecollective.co.uk, 020 7625 9042

Voice Collective, Mind in Camden, Crossfields Centre, 8 Fairhazel Gardens, London, NW6 3SG