



FREE group facilitation training



NEW DATE: A free 4 day course to learn how to set up, facilitate and sustain a peer support group for young people who hear voices

About the course:

This innovative and interactive 4 day course will help you to develop the skills necessary to co-facilitate a Voice Collective peer support group in your organisation.

It combines personal and professional experience to cover the following areas:

- Understanding 'hearing voices' and other related experiences
- Making sense of different models of understanding these experiences
- Developing a repertoire of coping strategies to support young people in their recovery
- Understanding the principles and practice self help and user-centred initiatives
- Setting up, launching and sustaining a Voice Collective peer support group
- Practical skills for group facilitation

Who is the course for?

Anyone currently working with young people and is interested in developing a group within their organisation alongside Voice Collective (youth workers, nurses, OTs, psychologists, social workers, volunteers etc).

Wednesdays:

**16th & 23rd Feb
2nd & 23rd March
10.30 - 4.30pm**



Venue:

The Level Young Peoples Centre
2-12 Cambridge Heath Road
Whitechapel, London, E1 5QH
(**Tube:** Whitechapel or 10mins from Bethnal Green)

Please return attached application ASAP to:

E: info@voicecollective.co.uk

T: Rachel / Dzifa 020 7625 9042



Voice Collective is Mind in Camden's peer support project for young people (aged 12-18) who hear, see or sense things that others don't. See www.voicecollective.co.uk



facilitation course application form

CONTACT DETAILS

Name:

Role:

Address:

Organisation:

Email:

Phone:

We usually send letters/info by email. If you would like us **NOT** to do this, please tick here

APPLICATION DETAILS

Please tick the statement(s) that apply to you:

I am interested in developing/co-facilitating a group in partnership with Voice Collective in my organisation

I am interested in co-facilitating a Voice Collective group within another organisation (if you have not already identified a suitable organisation please contact us to discuss)

I want to improve my skills and understanding in working with young people who hear voices

My line manager is aware of, and support, this application (if applying to develop a group within your organisation, or a partner organisation, please speak with the appropriate person gain support for this)

I am able to attend ALL four days of the course (16/02/11, 23/02/11, 2/03/11 & 9/02/11)

SUPPORTING STATEMENT

Please tell us why you would like a place on this course

Please return completed form to:

Dzifa Afonu, Development Worker, info@voicecollective.co.uk, 020 7625 9042

Voice Collective, Mind in Camden, Crossfields Centre, 8 Fairhazel Gardens, London, NW6 3SG

Please note: As places are limited we may use the above information to prioritise applications