



# FREE Creative Arts Workshop



Creative Arts for Young People who Hear Voices, See Visions, or Have Other Unusual Sensory Experiences

## ★ What will the day be like?

Everyone, no matter who they are, is on a journey. We change and grow, just as our life changes too. This workshop will explore the idea of journeys and change using a range of creative activities (on the sign up form just say which you're most interested in):

Spoken Word/Poetry \* Music \* Storytelling  
Games \* Forum Theatre \* Art Project

It will be an opportunity to meet other young people who may be going through similar experiences and a chance to have some fun.

## ★ Who is the Workshop for?

The workshop is open to any young person (aged 18 or under) who hears or sees things that other people don't.

We are also running a workshop for parents on the day, so please let your parents know in case they want to come along.

## ★ Will I have to talk about my voices?

No, although the day is for young people who have these experiences, you can say or not say as much as you like about them.

**Saturday**

**12th Feb 2011**

**1 - 4pm**



### Venue:

The Level Young Peoples Centre  
2-12 Cambridge Heath Road  
Whitechapel, London, E1 5QH

(**Tube:** Whitechapel or 10mins from Bethnal Green)

**To book your place or if you have any questions:**

**E:** [info@voicecollective.co.uk](mailto:info@voicecollective.co.uk)

**T:** Dzifa / Rachel 020 7625 9042



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MIND IN CAMDEN

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Voice Collective is Mind in Camden's peer support project for young people (aged 12-18) who hear, see or sense things that others don't. See [www.voicecollective.co.uk](http://www.voicecollective.co.uk)



# Arts Workshop: Booking Form

## ABOUT YOU

Name:

Address:

Age:

Email:

Phone:

If you have any health problems or access requirements it would be helpful for us to know about, please tell us:

We will be providing snacks. Please tell us any foods you are allergic to or can't eat:

## EMERGENCY CONTACT A parent, carer or supporter in case of an emergency

Name:

Phone:

Address:

Relationship to you:

## WHAT YOU'D LIKE FROM THE WORKSHOP

You don't have to fill this in, but the more you tell us before you turn up the easier it'll be for us to plan a workshop that suits you the best.

I enjoy:

Art	Music	Dance	Games
Acting/Drama	Poetry	Storytelling	Creative writing
Making things	Singing	Talking	Listening to others
Being active	Being chilled out	Working in a group	Working on my own

Is there anything you'd like us to know about you that will help you feel really included in the activities? You can also give Dzifa or Rachel a call or email if you'd like to talk in person.

**Please return completed booking form to:**

Dzifa Afonu, Development Worker, [info@voicecollective.co.uk](mailto:info@voicecollective.co.uk), 020 7625 9042

Voice Collective, Mind in Camden, Crossfields Centre, 8 Fairhazel Gardens, London, NW6 3SG